

Shackles * Step Description

32 Count 4 Wall Beginner Line Dance

Choreographer: Jo Thompson Szymanski - 2011

Music: **Till the Shackles Fall Off** by Scooter Lee from the CD – Sing A New Song

Download legally: www.itunes.com www.amazon.com/mp3 www.cdbaby.com

To purchase the CDs go to: www.scooterlee.com

Alternate Song used at Wild Bill's Country Dance Club and Concert Hall, Atlanta, GA:

Cricket on a Line by Colt Ford feat. Rhett Atkins, so that dance may be used as an easy alternative for beginner dancers on a "split" floor with the easy intermediate dance Hick-Hop by Christopher Petre. Wild Bill's dancer's can contact instructor Rose Haven at rose@atlantalincedance.com or 404-379-1213.

1-8 TOE STRUTS FORWARD, ROCKING CHAIR

1 – 2 Step R toe forward; Drop R heel

3 – 4 Step L toe forward; Drop L heel

5 – 6 Rock R forward; Recover to L

7 – 8 Rock R back; Recover to L

9-16 TOE STRUTS FORWARD, JAZZ BOX 1/4 TURN

1 – 2 Step R toe forward; Drop R heel

3 – 4 Step L toe forward; Drop L heel

5 – 6 Step R across L; Step L back

7 – 8 Turn 1/4 right, step R to right; Step L across R

17-24 VINE RIGHT, STOMP TOGETHER, HEELS LEFT x 2

1 – 2 Step R to right; Step L behind R

3 – 4 Step R to right; Gentle stomp L beside R putting weight on both feet

5 – 6 Shift both heels L; Both heels center (weight on balls of both feet)

7 – 8 Shift both heels L; Both heels center (weight goes to R)

25-32 VINE LEFT, STOMP TOGETHER, HEELS RIGHT x 2

1 – 2 Step L to left; Step R behind L

3 – 4 Step L to left; Gentle stomp R beside L putting weight on both feet

5 – 6 Shift both heels R; Both heels center (weight on balls of both feet)

7 – 8 Shift both heels R; Both heels center (weight goes to L)

BEGIN AGAIN